

## The Spa at The Partridge

### Body Treatments

#### 60 Minute Full Body Massage

A calming full-body massage tailored to your needs. Perfect for easing muscle tension and promoting deep relaxation.

£75

#### 60 Minute Deep Tissue Massage

A firmer treatment targeting knots, stiffness, and chronic tension.

£80

#### 90 Minute Signature Massage

Extended full-body treatment with added attention to areas of concern.

£105

#### 60 Minute Luxury Reflexology Treatment

Gentle pressure on the feet to relieve stress, includes a leg massage, helps to improve circulation and promote overall wellbeing.

£80

#### 60 Minute Luxury Reiki infused Indian Head Massage

Upper body massage including back, scalp, décolleté face and shoulders using Indian head techniques, enhanced with reiki for deep calm.

£80

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### Couples Experiences

#### 60 Minute Prenatal Massage and Partner Experience

A gentle, relaxing prenatal massage for mother to be, followed by a soothing back, neck and shoulder massage for your partner. Perfect for couples to unwind together.

£85 per couple

#### 120 Minute Couples Back-to-Back Massage

Enjoy two full 60-minute massages delivered by one therapist, one after the other, in a calm shared experience.

£150 per couple